
REFLECTION FOR ALL – WHY IT MATTERS

REFLECTION AS A TOOL FOR HOW WE MOVE FORWARD SAFELY.

THE POSITION

LIVED, NOT LEARNED In this room, I believe we all already know how judgement and discourse actually works, because we live it, we don't study it from outside.

THE COST

TIME AND AGAIN we see what happens when identity is judged or assumed, with no room left for who someone is, for our humanity ,traumatised, vilified, pushed to tragic decisions. Recent events made that impossible to ignore.

THE GAP

EXISTING MODELS of mixed identity Poston; Rockquemore & Brunσμα; Kerwin & Ponterotto they are such a good foundation. But we need something else: something to help us shift into action, into change.

THE PRINCIPLE

A LEARNING TOOL A reflection tool that challenges the systemic inheritance of shame, and the thinking built on judgement and binary logic, giving us a framework for actionable change.

This is not a finished model. It is an early, evolving prinicple offered here for feedback, not as a fixed answer.

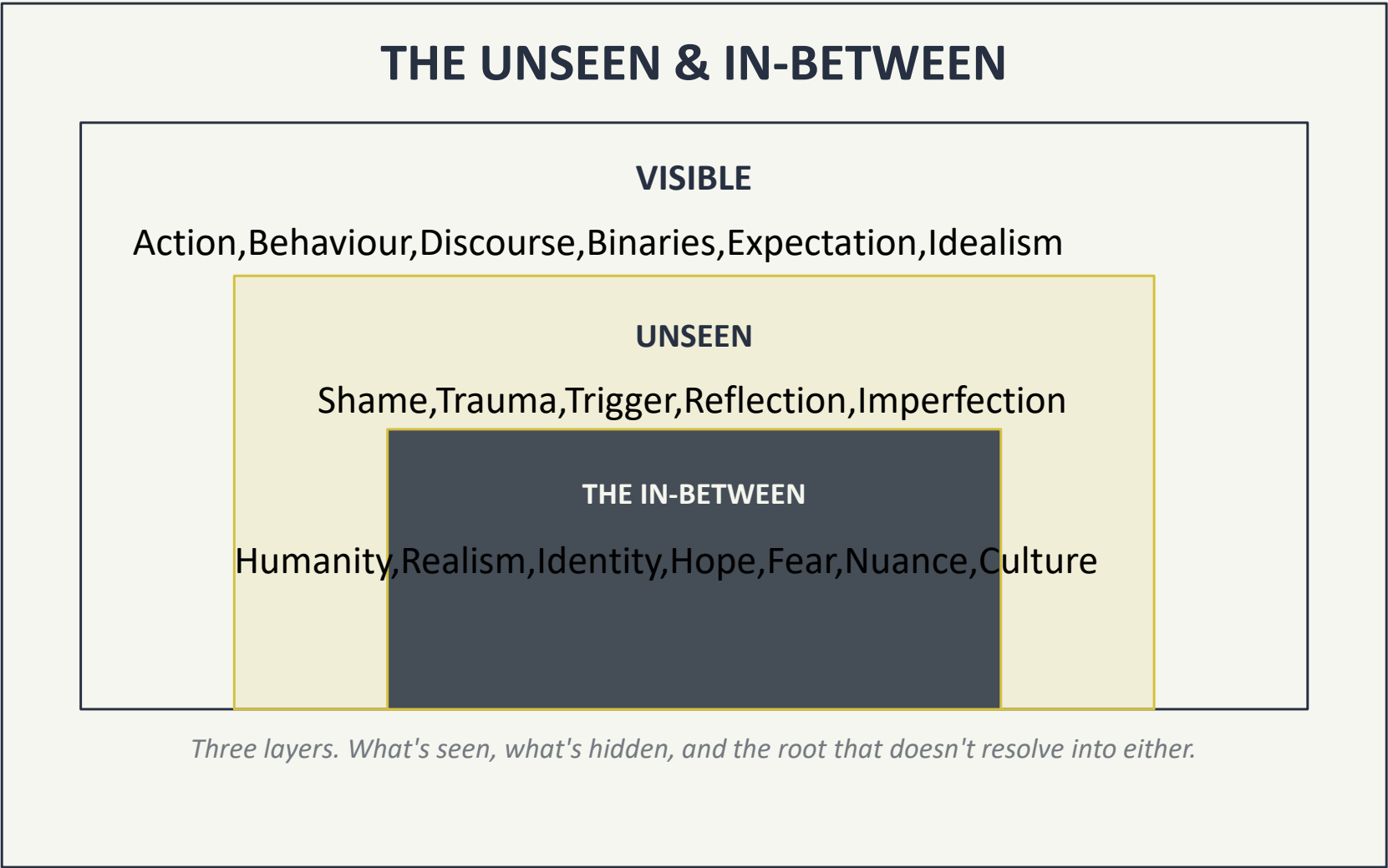
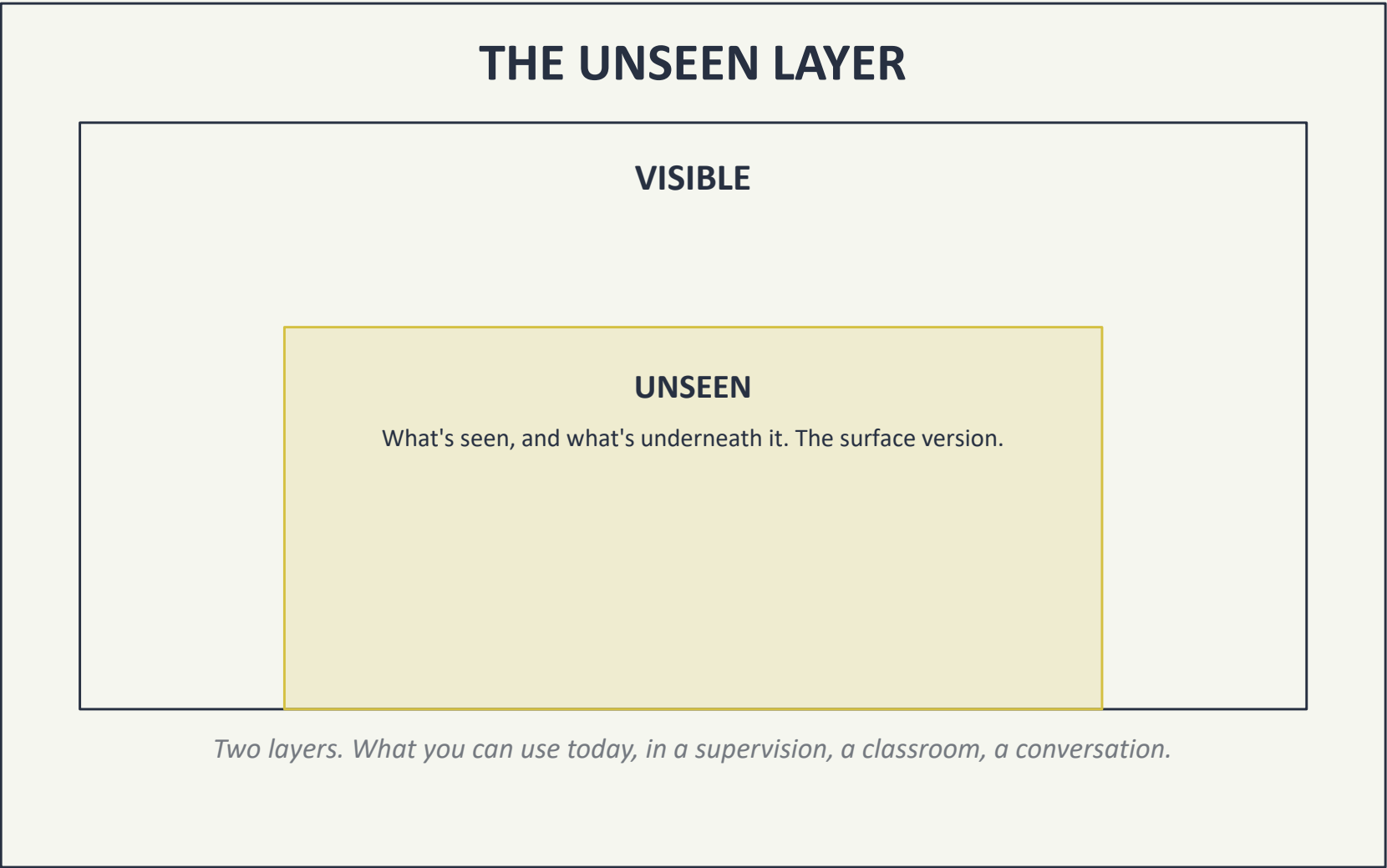
Grounded in: Root's ecological framework and Bill of Rights for People of Mixed Heritage; Bolle (2023), The Mixed + Multiracial Guide to Wellbeing.

SURFACE AND ROOT

REFLECTION IS THE ROOT OF A CHANGE TOWARDS ACCEPTANCE AND UNION.



A SOCIETY ROOTED IN SHARED HUMANITY



Born of Kaleidoscope and mixed perspectives - the start of a new reflective model, not an ideal to live up to.
Built from lived experience, shared thinking, realism, humanity.

REFLECTION FOR ALL WHAT'S NEXT?

DISCOURSE IS A CURRENCY . REFLECTION CAN SAVE AND CHANGE LIVES.

ALIGN PURPOSE

Agree together on how we can build a reflective tool that has purpose. That can change discourse into useful currency for change.

BUILD

Find me at networking today – discuss, shape - all areas Education, supervision, family, data, identity- how can a tool be shared amongst us all that normalises actionable reflection

UNIFY

Come together to unify a tool for Reflective Practice- built for the reality of today, born from the experience of us all for all those who wish to challenge negative discourse, binaries and judgment that enables us to have safe mature discussion that celebrates and uplifts and allows us to grow and heal.

Within the mixed experience sits the richest reflection of self I have ever encountered
With thanks to the Kaleidoscope group for the conversation that shaped this thinking.